# **COMMUNITY NEWS**

# Family Night

A safe and relaxing place where families can spend quality time together



- ⇒ Engage in fun activities with your family.
- ⇒ Connect with others and learn about other supports and services in the community.
- ⇒ Enjoy a nutritious meal served by SOS volunteers.

Pre-registration is required.

Parksville Tuesdays, 5-7 pm. Call 250-248-2093 ext. 249 or Text 250-228-4066

Qualicum Wednesdays, 5-7 pm. Call 250-752-2040 ext. 201 or Text 250-248-0997

#### **SOS Community Services Centres**



# **Kids Movement:** Play, Express & Grow

For Grades 4, 5 and 6
Separate programs for boys and girls

Qualicum Beach, Mondays 3:30 pm - 5:30 pm Pre-register for pop-up dates: Oct. 5, Oct. 26 and Nov. 16

Parksville, Thursdays 3:30 pm - 5:30 pm Pre-register for pop-up dates: Oct. 8, Oct. 29 and Nov. 19



Fun activities inspire confidence, friendships and a healthy self-image. Staff and volunteers provide mentorship and support.

# **SOS Community Services Centres**

Child, Youth & Family Programs Parksville 245 West Hirst Ave. | 240-248-2093 ext. 249 cyfcoordinator@sosd69.com | Text 250-228-4066 Qualicum 744 Primrose St. | 250-752-2040 ext. 201 childandfamily@sosd69.com | Text 250-248-0997

www.sosd69.com | 🚯 🧧 🐚



# School Nite Out

Grades 7, 8 & 9

Qualicum Beach, Mondays 3:30 pm - 5:30 pm Pre-register for pop-up dates: Sept. 28, Oct. 19 and Nov. 9

Parksville, Thursdays 3:30 pm - 5:30 pm Pre-register for pop-up dates: Oct. 1, Oct. 22 and Nov. 12



A safe space for young people to connect and express themselves through games, art, crafts and music. Adult mentors available to support, guide and listen.

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In



# Youth Programs

# For Grades 6-12



#### After School Education Assistance Grades 6-12

One-on-one tutoring in Math and English helps students get better grades and gain confidence.

Pre-registration is required. Parksville After School Mon - Thurs

### School Night Out Grades 7, 8 & 9

Arts, crafts, games, music, food and friendship. Pre-registration is required. 3:30-5:30 pm. Parksville Thursdays. Oct. 1, Oct. 22 and Nov. 12 Qualicum Mondays. Sept. 28, Oct. 19, Nov. 9.

# Youth Open Space Grades 10, 11 & 12

Play pool and music, make friends and art, and enjoy food. Pre-registration is required. 3:30-5:30 pm. Parksville Thursdays, Oct. 15, Nov. 5 and Nov. 26 Qualicum Mondays. Sept. 21, Nov. 2 and Nov. 23.

### Gradwear For local grads and their dates

New and gently-used outfits for your big day for only \$5.

That includes shoes and accessories. Call Parksville to make an appointment.

#### Recreation Assistance for Children & Youth

Helps low-income families with costs to register local children & youth in recreation activities. Call 250-248-2093 ext. 241 for an appointment.

#### SOS Community Services Centres



### Fill the Boots for Food Drive 2020

Due to the pandemic, this year's Parksville Volunteer Fire Department food and toy drive will look very different; there will be no door-to-door collection in neighbourhoods. Firefighters will be at locations in Parksville on Saturday, November 14 and Sunday, November 15 to collect cash donations for the Salvation Army food bank. Physically distanced and masked, our firefighters will be at set locations from 9 am to 5 pm asking residents for cash donations to help fill the boots for food. Please watch our social media feeds and website for details and locations.

Donations are extremely important to the Salvation Army food bank and Society of Organized to provide for less fortunate in our community. Donations may also be made as follows:

- **SOS Caring for Community at Christmas** starting November 16, toys may be dropped off every Monday, Wednesday and Friday from 9 am to 11.30 am.
- Salvation Army food bank donations are accepted at 886 Wembley Road, Monday to Friday from 8 am to 11.30 am and also Monday, Tuesday and Thursday from 1 pm to 3.30 pm.

Each year, residents in the Parksville Fire Protection Area generously support the annual drive and are the reason for its success with about 29,500 pounds of food and \$34,070 cash collected in 2019. This drive and the generosity of our residents make the world of difference to many families during the holiday season. Your support is truly appreciated by the members of the Parksville Volunteer Fire Department.

#### For more information:

Parksville Volunteer Fire Department 250 248-3242; <a href="mailto:fire@parksville.ca">fire@parksville.ca</a>

Deb Tardiff, Manager of Communications 250 954-3073; <a href="mailto:dtardiff@parksville.ca">dtardiff@parksville.ca</a>

Karin Hergt, Executive Assistant SD69 (Qualicum) 250-954-4679



# Ink Painting for Kids —After School Workshop at the MAC for Ages 5 to 15

Pattiann Withapea, a Juried member of both the Federation of Canadian Artists and the society of Canadian Artists, is offering a limited after school program for children from 5 years old to 15 years old. This workshop will be suitable for children of all abilities, from those who have not yet discovered their creative side, to those who are excelling in the Arts that would like to explore this fascinating medium.

Pattiann has extensive experience in working with children with Down Syndrome and those on the spectrum so all are welcome. Her experience and her unique teaching methods guarantee success for each participant. For this reason, any child experiencing low self esteem, a lack of confidence, or perhaps just feeling out of sorts due to the uncertainty brought by the pandemic, is highly encouraged to attend.

The inks are very easy to work with and the colours are vibrant. Each participant will create 5 artworks, including one on Yupo paper that they will learn to mount and mat for framing. All materials and supplies will be provided. An apron or old T-shirt is encouraged.

Each child is asked to bring nothing more than a great attitude and a desire to have a fabulous time discovering the joy of inks.

**Wednesday, November 4th** 

3:30—5:30 p.m.

\$40 per student

Only six students per class to allow for Social Distancing and Individual Attention.